

Important Information for Trekking

1. Pre. Trek briefing – 02/06/2013 at 6 PM at PCDA Dehradun Guest House.

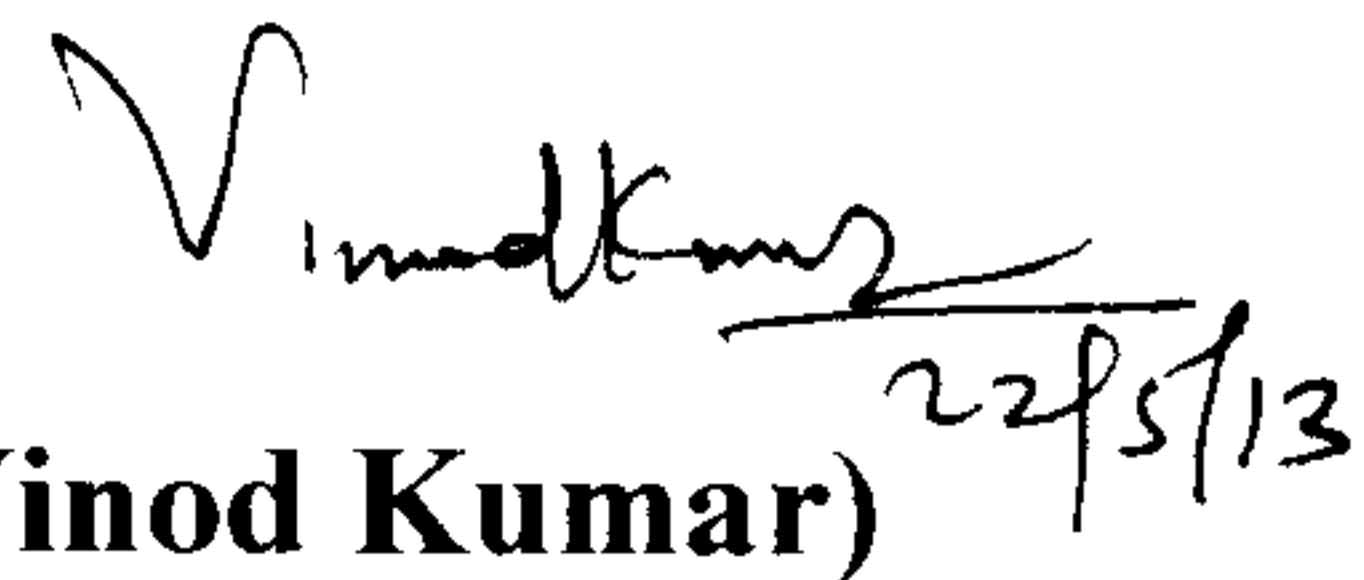
(Note :- Participates are requested to reach at venue 15 minutes in advance)

2. List of Essential Items for Trekking.

- Good Condition Sports Shoes.
- Woolen clothes/Warm Track suits
- Cap/Hat
- Small rucksack bag
- Suncream
- Small Torch
- Personal medicine, if any prescribed by doctor.

3. Important Contact Numbers.

- Sh. Vinod Kumar (Secy. DASCBC) – 09868275030
- Sh. P. K. Rai (Joint Secy. DASCBC) – 08860580499
- Sh. I. J. Malhotra (GO Admin, PCDA Dehradun) – 098972822 91


(Vinod Kumar) 22/5/13

Sr.Dy.CGDA & Secretary (DASCBC)